

# Backpacking 101: Clothes & Toiletries

## Hiking Clothes

- Pants
- Shirt
- Hiking Socks
- Shoes
- Hat
- Sunglasses
- Bandana

## Night Clothes

- Pants
- Shirt
- Puffy Jacket
- Beanie
- Socks
- Sandals

## Extras

- Rain Shell
- Swimsuit
- Fleece Sweater
- Neoprene Socks
- Thermals

## Toiletries

- Toothbrush
- Toothpaste
- Face Wipes
- Sunscreen
- Bug Repellent
- Chapstick
- Tissue/Toilet Paper
- Advil/Pain Relief
- Allergy Medicine
- Safety Pin
- Hair Ties
- Bobby Pins